



## Nova Cardiovascular Care

422 Garrisonville Road #104 Stafford, VA. 22554  
Ph: 540-628-2173 Fax: 540-628-2197

1990 Old Bridge Road # 201 Woodbridge, Virginia 22191  
Ph: 703-492-6822 Fax: 703-492-6826

At NoVa Cardiovascular Care, we strive to provide culturally-sensitive patient care. Per our policy, we support our patient's right to utilize chaperones when requested or necessary during examinations or procedures.

Patient Name: \_\_\_\_\_

Patient DOB: \_\_\_\_\_

I wish to have a chaperone in the room during my test.

I do not wish to have a chaperone in the room during my test.

Patient Signature: \_\_\_\_\_



# NOVA Cardiovascular Care, Inc. Patient History Questionnaire

Name: \_\_\_\_\_ Date of birth: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_

Referring Provider: \_\_\_\_\_ Today's Date: \_\_\_/\_\_\_/\_\_\_

Reason for today's visit: \_\_\_\_\_

If you **HAVE HAD** or **CURRENTLY HAVE** any of the following,  
please indicate with a check next to the condition:

## CARDIOVASCULAR

- Angina/chest pain/chest discomfort
- Arrhythmia/palpitations
- Irregular heart rate
- Dizziness
- Fainting/near fainting
- Enlarged heart
- Heart attack
- Congestive Heart Failure
- Heart murmur
- High blood pressure
- Low blood pressure
- High cholesterol
- Rheumatic fever
- Leg swelling/edema
- Leg cramps with activity
- Erectile dysfunction
- Vascular Disease
  - Abdominal Aortic Aneurysm
  - Peripheral Vascular Disease
  - Carotid Arter Disease

## RESPIRATORY

- Asthma
- COPD/Bronchitis
- Pneumonia
- Persistent cough
- Shortness of breath
- Sleep Apnea
  - CPAP? \_\_\_

## HEMATOLOGY/ONCOLOGY

- Anemia
- Bleeding disorder
- Thrombophilia/Clotting disorder
- Blood clots in legs or lungs
- Cancer:  
\_\_\_\_\_

## RHEUMATOLOGY

- Gout
- Arthritis/joint swelling
- Muscle aches
- Connective tissue disorder

## INFECTIOUS DISEASE

- Hepatitis
- HIV/AIDS

## ENDOCRINE

- Diabetes
- Thyroid Disease
- Weight gain/loss
- Night sweats

## GASTROINTESTINAL

- Gastrointestinal bleeding
- Blood in stool
- Gall stones
- Hiatal Hernia
- Acid reflux/heartburn
- Stomach ulcers
- Liver Disease
- Nausea/vomiting

## RENAL/UROLOGICAL

- Kidney Disease
- Dialysis
- Blood in urine
- Kidney stones
- Painful urination
- Enlarged prostate

## NEUROLOGICAL

- Neuropathy
- Vision change / Loss of vision
- Stroke / TIA
- Seizures

## PSYCHOLOGICAL

- Anxiety / Panic attacks
- Depression
- Insomnia
- Other psychiatric concern:  
 \_\_\_\_\_

## PRIOR TESTING

- EKG
- Stress test
- Echocardiogram
- Heart catheterization
- Coronary angioplasty/stent
- Coronary bypass surgery (CABG)
- Valve repair/replacement
- Pacemaker or defibrillator
- TEE / Cardioversion
- Cardiac CT / Calcium scoring



# NOVA Cardiovascular Care, Inc. Patient History Questionnaire

## Social History

Occupation: \_\_\_\_\_ Marital Status: Single / Partner / Married / Divorced

Smoker: yes / no If so, how long? \_\_\_\_\_ years. Packs per day: \_\_\_\_\_ If you quit, when? \_\_\_\_\_

Alcohol: yes / no If so, how much? \_\_\_\_\_ drinks per day / week / month

Recreational drugs: yes / no If so, what kind? \_\_\_\_\_

Caffeine: yes / no If so, how much? \_\_\_\_\_ drinks per day.

Exercise: yes / no If so, how often? \_\_\_\_\_ days per week. Type of exercise: \_\_\_\_\_

## Family History

Please indicate any family health problems such as Hypertension, Diabetes, Coronary Artery Disease, Stents, CABG, Valve replacement/repair, Hyperlipidemia, AAA, CHF, Cardiomyopathy, Arrhythmias, Congenital Heart Disease, Sudden/unexplained death. Include age and alive/deceased.

Father: \_\_\_\_\_

Mother: \_\_\_\_\_

Siblings: \_\_\_\_\_

Other: \_\_\_\_\_

## Surgical History

Please indicate any surgical operations you have had, including date if known:

\_\_\_\_\_  
\_\_\_\_\_

## Allergies

Are you allergic to any medications or food? yes / no If so, please list: \_\_\_\_\_

\_\_\_\_\_

Are you allergic to IODINE or CONTRAST DYE? yes / no

## Current Medications

Please list current medications and doses (if known):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



# NOVA Cardiovascular Care

Dr. K. Yazdani - Dr. M. Ghazvini - Dr. S. Boloruduro  
Jaime Stephenson, DNP - Matin Taheri, NP – Samuel Dogbey, PA  
1990 Old Bridge Road Suite 201 Woodbridge, VA 22192  
422 Garrisonville Road Suite 104 Stafford, VA 22554

## Acknowledgement of Receipt of Privacy Practices

I, \_\_\_\_\_, have received a copy of the “Notice of Privacy Practices” for NOVA Cardiovascular Care, Inc. As provided in the notice, terms of the notice may change. If we change our privacy practices, you may receive a revised copy. This notice is available in our office for review. I understand that I may access my medical records at any time and that I may copy or inspect my PHI to be used or disclosed in accordance with NOVA Cardiovascular Care, Inc.’s policy. \_\_\_\_ I understand that NOVA Cardiovascular Care, Inc. may charge me for copies of my medical records or completion of medical forms (including FMLA, Worker’s Comp, etc.) and that a fee schedule will be provided to me. Electronic copies of my records can be emailed to me directly or faxed to other providers for free. \_\_\_\_ I understand that a request for a copy of my records must be submitted to NOVA Cardiovascular care in writing and may take up to **7 business days** to process. \_\_\_\_ I understand that NOVA Cardiovascular Care, Inc. has the right to deny me access to my records in certain circumstances that are in accordance with the law; however, in such an instance I will be provided with a denial in writing. \_\_\_\_

## Authorization For Use & Disclosure of Personal Health Information

Our Notice of Privacy Practices provides information about we may use and disclose protected health information (PHI) about you. It has been explained to the patient that disclosures may be made to family and friends related to the patient’s health with permission provided by the patient. It has also been explained that we will only disclose information relevant to current treatment. Our patient has agreed to only disclose PHI to the following:

Spouse: \_\_\_\_\_ In Person \_\_\_\_ By Phone \_\_\_\_

Parent(s): \_\_\_\_\_ In Person \_\_\_\_ By Phone \_\_\_\_

Sibling(s): \_\_\_\_\_ In Person \_\_\_\_ By Phone \_\_\_\_

Other: \_\_\_\_\_ In Person \_\_\_\_ By Phone \_\_\_\_

Expiration date of authorization: \_\_/\_\_/20\_\_ **OR** Until otherwise specified \_\_\_\_

I, \_\_\_\_\_, authorize the use or disclosure of my PHI as specified in the Notice of Privacy Practices for NOVA Cardiovascular Care, Inc. I understand the purpose of the authorized use and disclosure of PHI is for use within NOVA Cardiovascular Care, Inc. or for authorized disclosure to another entity subject to the privacy rules of NOVA Cardiovascular Care, Inc. for treatment, payment, or healthcare operation purposes. I also understand that is the organization authorized to receive my PHI is not a health place or health care providers, that organization may disclose my PHI and it may no longer be protected under federal privacy rules and regulations. I understand that this authorization is voluntary and may be revoked at any time. I understand that I may ask questions of NOVA Cardiovascular Care, Inc. if I do not understand any information contained in the Notice of Privacy Practices.

Printed Name: \_\_\_\_\_ Date: \_\_/\_\_/\_\_\_\_

Signature: \_\_\_\_\_ Relationship: \_\_\_\_\_



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## **VA Exchange Policies Waiver**

NOVA Cardiovascular Care, Inc. accepts all patients regardless of their insurance status. It is, however, the patient's responsibility to check with their insurance about network coverage. NOVA Cardiovascular Care may not be in the preferred network of certain insurance policies, including some VA Exchange Plans. These new plans have developed due to healthcare changes connected to the Federally Funded Healthcare Policies.

Due to the possibility of healthcare changes, I, \_\_\_\_\_, understand that it is my responsibility as the insured part to have verified that my visit with any physician at NOVA Cardiovascular Care, Inc. will be covered by my current insurance plan as either an in-network or out-of-network service.

NOVA Cardiovascular Care, Inc. will do its best to submit and collect charges to/from my insurance company according to standard practices, but as the patient I am ultimately responsible for any charges that are incurred if my insurance company does not participate with NOVA Cardiovascular Care.

*I have read the above, understand, and agree to these terms and conditions as they pertain to this and all future services with NOVA Cardiovascular Care, Inc.*

**Printed Name:** \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_



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## **Patient's Rights and Responsibilities**

Awareness of patient's rights has been heightened with the rise in healthcare consumerism. Patients have active participation in decisions about their healthcare. The conventional model where the doctor "always knows best" no longer goes unchallenged. Relinquishing power to patients includes acknowledging a patient's rights.

### **Patient Rights**

A patient and/or his/her legal representative has the right to:

- Receive informed consent regarding procedures, risks and alternatives, and receive answers to questions with respect to treatments
- Refuse treatment and accept the potential consequences of that choice after thorough explanation
- Have another person present during exams and/or treatments
- Expect all communications and records will be treated as confidential
- Receive complete, current information concerning diagnosis, treatment, and prognosis in terms reasonably understood
- Know the identity and professional status of the individual providing the service to them
- Expect reasonable continuity of care
- Be fully advised of and accept or refuse to participate in any research project
- Receive an explanation of charges for services rendered
- Receive considerate and respectful care
- Expect to not be denied treatment solely on the basis of race, color, religion, or sexual preference

### **Patient Responsibilities**

A patient and/or his/her legal representative has the responsibility to:

- Be honest and forthright with the doctor and office staff by providing accurate and complete information about present complaints, past illnesses, accidents, hospitalizations, medications, and any other information related to his/her health
- Report to the doctor in a timely manner any new incident, trauma, or changes in health
- Acknowledge and consider instructions provided by the doctor/staff
- Request clarification, about any aspect of care not fully comprehended
- Keep scheduled appointments or give adequate notice of delay or cancelations
- Treat doctors and staff with respect and courtesy
- **Seek results of any and all tests ordered in a timely manner, understanding their significance and that failure to do so may have a negative impact on health**

**Considering the above items, lack of cooperation may cause endangerment to the patient's health and /or impaired results of care.** It is permissible for the doctor to discontinue treatment of a patient who fails to cooperate in an agreed upon plan of management.

*I understand and accept these terms and conditions.*

**Printed Name:** \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_



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## Authorization for Release of Medical Records

**Patient Name:** \_\_\_\_\_ **DOB:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_ **Physician(s):** \_\_\_\_\_

Please include the following items:

Admission Notes \_\_\_\_

Progress Notes \_\_\_\_

Discharge Summary \_\_\_\_

Pathology Reports \_\_\_\_

Operative Reports \_\_\_\_

Consultation Notes \_\_\_\_

EKG's \_\_\_\_

Studies/Test Results \_\_\_\_

X-Ray Reports \_\_\_\_

Other (\_\_\_\_\_) \_\_\_\_

I hereby authorize NOVA Cardiovascular Care, Inc. to release any and all medical records requested by the above-named Physician(s).

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

